

# Bounds for the volume ratio of convex bodies

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# The basics

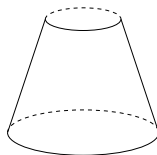
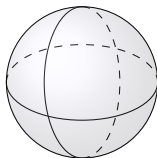
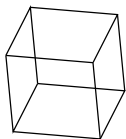
## Notation

- A *convex body*  $K \subset \mathbb{R}^n$  is a compact convex set with nonempty interior.

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If  $K \subset \mathbb{R}^n$  is centrally symmetric (i.e.,  $K = -K$ ) then  $K$  is the unit ball with respect to some norm  $\|\cdot\|_K$  in  $\mathbb{R}^n$ .

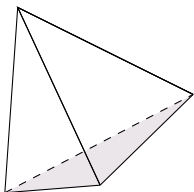
## Notation

The normed space  $(\mathbb{R}^n, \|\cdot\|_K)$  will be denoted by  $X_K$ .

# The basics

## Notation

- A **simplex** in  $\mathbb{R}^n$  is always an  $n$ -simplex, the convex hull of  $n + 1$  affinely independent points.

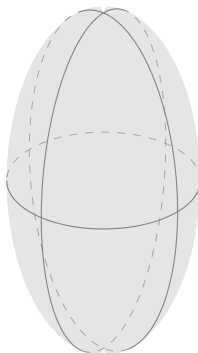


3-Simplex

# The basics

## Notation

- An **ellipsoid** in  $\mathbb{R}^n$  is just an affine image of the euclidean unit ball.



# The “standard volume ratio”

[ST80] Szarek, Stanisław, and Nicole Tomczak-Jaegermann.

On nearly Euclidean decomposition for some classes of Banach spaces. *Compositio Mathematica* 40.3 (1980): 367-385.

## Definition

Given a convex body  $K \subset \mathbb{R}^n$  its **volume ratio** is defined as

$$\text{vr}(K) := \min \left( \frac{\text{vol}(K)}{\text{vol}(\mathcal{E})} \right)^{\frac{1}{n}},$$

where the minimum is taken over all ellipsoids  $\mathcal{E}$  such that  $\mathcal{E} \subset K$ .

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where the minimum is taken over all affine transformations  $T$  that  $T(B_2^n) \subset K$ .

In terms of measure this notion quantifies, in some sense, how well a convex body  $K$  can be approximated by an affine image of the euclidean ball.

## Some elementary properties

The volume ratio is affinely invariant. That is

$$\text{vr}(K) = \text{vr}(TK),$$

for every affine transformation  $T$ .

# John's position

## Definition

A body  $K \subset \mathbb{R}^n$  is in **John's position** if the euclidean ball  $B_2^n$  is the maximal volume ellipsoid inside  $K$ .

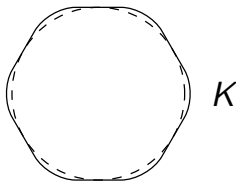
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That is  $B_2^n \subset K$  and

$$\text{vr}(K) = \left( \frac{\text{vol}(K)}{\text{vol}(B_2^n)} \right)^{1/n}.$$



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$$\text{vr}(K) = \left( \frac{\text{vol}(K)}{\text{vol}(B_2^n)} \right)^{1/n}.$$

For every body  $K$ , there is an affine transformation  $T$  such that  $T(K)$  is in John's position.

## Some remarks

[Joh48] John, Fritz. [Extremum problems with inequalities as subsidiary conditions](#). Studies and Essays Presented to R. Courant on his 60th Birthday, January 8, 1948, 187—204..

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If  $K \subset \mathbb{R}^n$  is centrally symmetric in John's position (that is the euclidean ball  $B_2^n$  is the maximal volume ellipsoid inside  $K$ ) then

$$B_2^n \subset K \subset \sqrt{n}B_2^n.$$

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In that case,

$$\text{vr}(K) = \left( \frac{\text{vol}(K)}{\text{vol}(B_2^n)} \right)^{1/n} \leq \left( \frac{\text{vol}(\sqrt{n}B_2^n)}{\text{vol}(B_2^n)} \right)^{1/n} \leq \sqrt{n}.$$

## In the non-symmetric case...

If  $K \subset \mathbb{R}^n$  (not necessarily centrally symmetric) in John's position then

$$B_2^n \subset K \subset nB_2^n.$$

But we do still have the bound

$$\text{vr}(K) \leq c\sqrt{n}.$$

since there is a reduction to the symmetric case that we will mention in a few minutes.

## Extreme cases for the volume ratio

[Bal91] Ball, Keith [Volume ratios and a reverse isoperimetric inequality](#). J. London Math. Soc. 44 (1991), 351-359.

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## Result

$$\sup_{K \subset \mathbb{R}^n} \text{vr}(K) = \text{vr}(S),$$

where  $S$  is a simplex.

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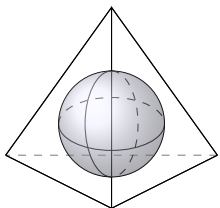
The Euclidean ball,  $B_2^n$



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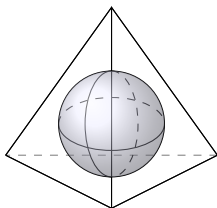
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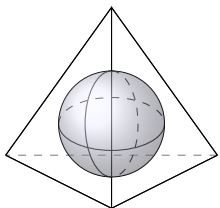


- $\text{vol}(B_2^n) = \frac{\pi^{\frac{n}{2}}}{\Gamma(\frac{n}{2}+1)}$
- $\text{vol}(\Delta_n) = \frac{(n+1)^{\frac{n+1}{2}} n^{\frac{n}{2}}}{n!}$

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- $\text{vol}(\Delta_n) = \frac{(n+1)^{\frac{n+1}{2}} n^{\frac{n}{2}}}{n!}$

Thus,

$$\text{vr}(K) \leq \text{vr}(\Delta_n) = \left( \frac{(n+1)^{\frac{n+1}{2}} n^{\frac{n}{2}} \Gamma(\frac{n}{2}+1)}{n! \pi^{n/2}} \right)^{\frac{1}{n}} \approx \sqrt{n}$$

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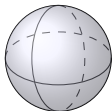
## Result

$$\sup_{K=-K} \text{vr}(K) = \text{vr}(P),$$

where  $P$  is a parallelepiped.

# Extreme cases for the volume ratio

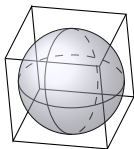
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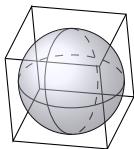
$B_2^n \subset B_\infty^n$ , the unit ball of  $\ell_\infty^n$ , is in John's position.



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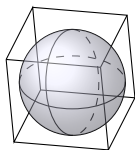


- $\text{vol}(B_2^n) = \frac{\pi^{\frac{n}{2}}}{\Gamma(\frac{n}{2}+1)}$
- $\text{vol}(B_\infty^n) = 2^n$

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- $\text{vol}(B_\infty^n) = 2^n$

Thus if  $K = -K$ ,

$$\text{vr}(K) \leq \text{vr}(B_\infty^n) = \left( \frac{2^n \Gamma(\frac{n}{2}+1)}{\pi^{n/2}} \right)^{\frac{1}{n}} \approx \sqrt{n}$$

# General Volume ratio

## Definition

Given two convex bodies  $K, L \subset \mathbb{R}^n$  the **volume ratio** between  $K$  and  $L$  is

$$\text{vr}(K, L) := \min \left( \frac{\text{vol}(K)}{\text{vol}(T(L))} \right)^{\frac{1}{n}},$$

where the minimum is taken over all affine transformations  $T$  such that  $T(L) \subset K$ .

[GLMP04] Y. Gordon, A.E. Litvak, M. Meyer, and A. Pajor  
[John's Decomposition in the General Case and Applications](#) *J. Differential Geom.*, 2004.

## Remarks

- If  $L = B_2^n$  we recover the standard notion of volume ratio.  
That is,

$$\text{vr}(K, B_2^n) = \text{vr}(K).$$

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for every affine transformation  $T, S$ .

- $\text{vr}(K, L) \leq \text{vr}(K, Z)\text{vr}(Z, L)$ .

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That is,

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for every affine transformation  $T, S$ .

- $\text{vr}(K, L) \leq \text{vr}(K, Z)\text{vr}(Z, L)$ .
- $\text{vr}(K, L) \approx \text{vr}(L^\circ, K^\circ)$ .

# General upper bounds for the volume ratio

Giannopoulos-Hartzoulaki (2002)

For every pair of convex bodies  $K, L \subset \mathbb{R}^n$

$$vr(K, L) \leq C\sqrt{n} \log(n).$$

[GH02] A Giannopoulos, M Hartzoulaki [On the volume ratio of two convex bodies](#). Bulletin of the London Mathematical Society 34.6 (2002): 703-707.

# Lower bounds

Khrabrov (2001)

Given a convex body  $K$  there is  $Z$  such that

$$\text{vr}(K, Z) \geq C \sqrt{\frac{n}{\log \log(n)}}.$$

[Khr01] Alexander Igorevich Khrabrov. [Generalized volume ratios and the Banach–Mazur distance](#). *Mathematical Notes*, 2001.

## The largest volume ratio

Given a convex body  $K \subset \mathbb{R}^n$  we define its **largest volume ratio** as

$$\text{lvr}(K) := \sup_{L \subset \mathbb{R}^n} \text{vr}(K, L).$$

## Remarks

- For every convex body  $K$  we have:

$$\sqrt{\frac{n}{\log \log(n)}} \preceq \text{lvr}(K) \preceq \sqrt{n} \log(n).$$

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## Remarks

- For every convex body  $K$  we have:

$$\sqrt{\frac{n}{\log \log(n)}} \preceq \text{lvr}(K) \preceq \sqrt{n} \log(n).$$

- For many bodies  $K \subset \mathbb{R}^n$ ,  $\text{lvr}(K) \approx \sqrt{n}$ .

Question:

Can we improve the general bounds?

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Can we improve the general bounds?

Question:

Can we show sharp asymptotic estimates for certain classes of convex bodies?

Lower estimates...

Recall... For every convex body  $K$ , the best known general bounds for the largest volume ratio are

$$\sqrt{\frac{n}{\log \log(n)}} \preceq \text{lvr}(K) \preceq \sqrt{n \log(n)}$$

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G., Merzbacher, Pinasco, 2019+

For every convex body  $K$  we have:

$$\sqrt{n} \preceq \text{lvr}(K)$$

## Reduction to the symmetric case

### Rogers-Shephard Inequality

Given a convex body  $K$ ,

$$\text{vol}(K - K)^{\frac{1}{n}} \leq 4 \text{vol}(K)^{\frac{1}{n}}.$$

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### Rogers-Shephard Inequality

Given a convex body  $K$ ,

$$\text{vol}(K - K)^{\frac{1}{n}} \leq 4\text{vol}(K)^{\frac{1}{n}}.$$

A body which contains the origin can be approximated by outside by a symmetric body with essentially the same volume.

$$\text{vr}(K - K, K) \leq 4.$$

Then,

$$\text{vr}(K - K, Z) \leq \text{vr}(K - K, K)\text{vr}(K, Z) \leq 4\text{vr}(K, Z).$$

# Assumption

Since there is always a reduction (considering either  $K - K$  or  $K \cap -K$  depending on the case) we will assume for simplicity that all bodies involved are centrally symmetric.

If  $K$  and  $Z$  are centrally symmetric

$$\text{vr}(K, Z) = \frac{\text{vol}(K)^{\frac{1}{n}}}{\text{vol}(Z)^{\frac{1}{n}}} \cdot \inf \{ \|T : X_Z \rightarrow X_K\| : \det(T) = 1 \}$$

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Idea:

Given a fixed centrally symmetric body  $K \subset \mathbb{R}^n$ , **find**  $Z$  such that

- for every  $T \in SL_n(\mathbb{R})$  the norm  $\|T : X_Z \rightarrow X_K\|$  is big,
- the measure  $\text{vol}(Z)^{\frac{1}{n}}$  is small.

But how???

# How?

## The probabilistic method...

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... is a nonconstructive method for proving the existence of a prescribed kind of mathematical object.

It works by showing that if one randomly chooses objects from a specified class, the probability that the result is of the prescribed kind is strictly greater than zero.

# Random polytopes on the sphere (Gluskin's polytopes)

Given  $m \in \mathbb{N}$ , we consider the set

$$\mathcal{A}_m := \{\text{absconv}\{e_1 \dots e_n, f_1 \dots, f_m\} : f_k \in \mathbb{S}^{n-1}\}.$$

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Note that we have the following mapping

$$\mathbb{S}^{n-1} \times \dots \times \mathbb{S}^{n-1} \rightarrow \mathcal{A}_m,$$

given by  $(f_1, \dots, f_m) \mapsto \text{absconv}\{e_1 \dots e_n, f_1 \dots, f_m\}$ .

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This induces a measure  $\nu$  in  $\mathcal{A}_m$ : the push-forward of the product measure  $\mu_n \times \mu_n \times \dots \times \mu_n$ , where  $\mu_n$  is the probability surface measure on  $\mathbb{S}^{n-1}$ .

Carl/Pajor - Gluskin:

If  $Z \in \mathcal{A}_m$ , then

$$\text{vol}(Z)^{\frac{1}{n}} \preceq \frac{\sqrt{\log(m/n)}}{n}.$$

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In particular, if  $m \sim n$  then  $\text{vol}(Z)^{\frac{1}{n}} \preceq \frac{1}{n}$ .

$$\mathcal{B}_m = \left\{ Z \in \mathcal{A}_m : \exists T \in SL_n(\mathbb{R}) \text{ with } \|T : X_Z \rightarrow X_K\| \leq \frac{\beta}{\sqrt{n} \operatorname{vol}(K)^{\frac{1}{n}}} \right\}.$$

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G., Merzbacher, Pinasco: refinement of Khrabrov's result

Let  $K \subset \mathbb{R}^n$  be a centrally symmetric body. Then,

$$\nu(\mathcal{B}_m) \leq C^{n^2} (\|id : \ell_2^n \rightarrow X_K\| \sqrt{n} \operatorname{vol}(K)^{\frac{1}{n}})^{n^2} \beta^{mn}.$$

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Suppose that for a given convex body  $K$  we have that  $\rho(K) := \|id : \ell_2^n \rightarrow X_K\| \sqrt{n} \text{vol}(K)^{\frac{1}{n}}$  is bounded by an absolute constant. Thus,  $\nu(\mathcal{B}_m) \leq D^{n^2} \beta^{mn} \dots$ . By picking  $m \sim n$  and  $\beta$  small enough we have  $\nu(\mathcal{B}_m) < 1$ .

$$\mathcal{B}_m = \left\{ Z \in \mathcal{A}_m : \exists T \in SL_n(\mathbb{R}) \text{ with } \|T : X_Z \rightarrow X_K\| \leq \frac{\beta}{\sqrt{n} \text{vol}(K)^{\frac{1}{n}}} \right\}.$$

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Therefore, the complement is non-empty.

Thus, there is some  $Z \in \mathcal{A}_{cn}$  (in particular  $\text{vol}(Z)^{\frac{1}{n}} \sim \frac{1}{n}$ ) that is not in  $\mathcal{B}_{cn}$ . Note that in that case for every  $T \in SL_n(\mathbb{R})$  we have

$$\|T : X_Z \rightarrow X_K\| \geq \frac{\beta}{\sqrt{n} \text{vol}(K)^{\frac{1}{n}}}.$$

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$$\|T : X_Z \rightarrow X_K\| \geq \frac{\beta}{\sqrt{n} \text{vol}(K)^{\frac{1}{n}}}.$$

Then,

$$\begin{aligned} \text{vr}(K, Z) &= \frac{\text{vol}(K)^{\frac{1}{n}}}{\text{vol}(Z)^{\frac{1}{n}}} \cdot \inf \{ \|T : X_Z \rightarrow X_K\| : \det(T) = 1 \} \\ &\geq n \text{vol}(K)^{\frac{1}{n}} \cdot \frac{\beta}{\sqrt{n} \text{vol}(K)^{\frac{1}{n}}} \approx \sqrt{n} \end{aligned}$$

### G., Merzbacher, Pinasco: refinement of Khrabrov's result

Let  $K \subset \mathbb{R}^n$  be a centrally symmetric body. Then,

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How to proceed in general if  $\rho(K) := \|id : \ell_2^n \rightarrow X_K\| \sqrt{n \text{vol}(K)}^{\frac{1}{n}}$  is not bounded by an absolute constant? Approximate the body  $K$  with a one that fulfills this hypothesis, without losing volume (the theory of isotropic convex bodies is involved).

# How to approximate the body with a one with bounded $\rho$

Given a centrally symmetric body  $K \subset \mathbb{R}^n$  there is  $W$  such that  $\text{vr}(W, K) \leq C_1$  and

$$\rho(W) = \|id : \ell_2^n \rightarrow X_W\| \sqrt{n} \text{vol}(W)^{\frac{1}{n}} \leq C_2$$

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- By construction,  $W^\circ \subset \sqrt{n}B_2^n$  then  $B_2^n \subset \sqrt{n}W$  (which implies that  $\|id : \ell_2^n \rightarrow X_W\| \leq \sqrt{n}$ ).

Upper estimates...

# Largest volume ratio for the cube

## Lemma (Dvoretzky-Rogers)

Let  $L \subset \mathbb{R}^n$  be a convex body in John's position, there are  $y_1 \dots y_n \in \text{Bd}(B_2^n) \cap \text{Bd}(L)$  such that

$$\|P_{\text{span}\{y_1 \dots y_{i-1}\}^\perp}(y_i)\| \geq \left(\frac{n-i+1}{n}\right)^{\frac{1}{2}}.$$

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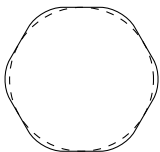
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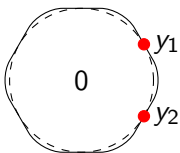
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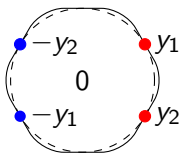


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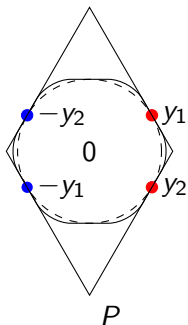
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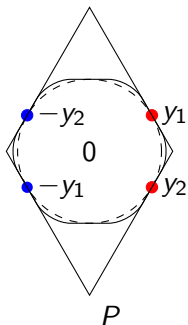
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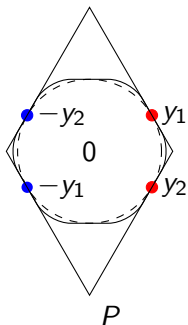
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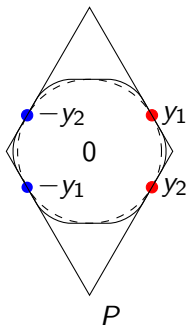
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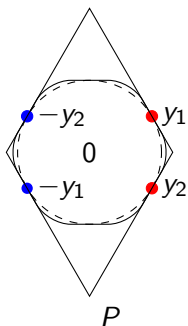
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$$\text{lvr}(B_\infty^n) \sim \sqrt{n}.$$

# Unconditional bodies

## Definition

A convex body  $K \subset \mathbb{R}^n$  is unconditional if  $(x_1, x_2, \dots, x_n) \in L$  then  $(\varepsilon_1 x_1, \varepsilon_2 x_2, \dots, \varepsilon_n x_n) \in L$  for all  $\varepsilon_i \in \{-1, 1\}$ .

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## Example

- unconditional:  $B_p^n$  for all  $1 \leq p \leq \infty$ ,
- **not unconditional**:  $B_{\mathcal{L}(\ell_2^n)} \subset \mathbb{R}^{n^2}$ .

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Indeed,

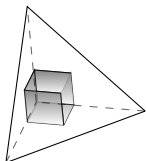
$$vr(K, L) \leq vr(K, B_\infty^n) vr(B_\infty^n, L) \leq C\sqrt{n}.$$

# Largest volume ratio of the simplex

The unit cube,  $C = [0, 1]^n$ .

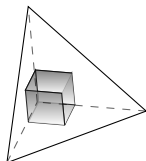
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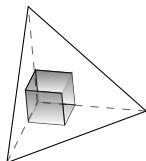
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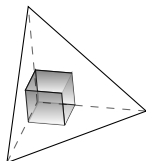
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Applying Stirling's formula:

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# Schatten Classes

Given  $A \in M_d(\mathbb{R})$ , consider  $s(A) = (s_1(A), \dots, s_d(A))$  the sequence of eigenvalues of  $(AA^*)^{\frac{1}{2}}$ . We define the  $p$ -Schatten norm on  $\mathbb{R}^{d^2}$  as

$$\sigma_p(A) = \|S(A)\|_{\ell_p^d} = (\operatorname{tr}|A|^p)^{1/p},$$

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We denote  $B_{S_p^d}$  unit ball of the  $p$ -Schatten class in  $\mathbb{R}^{d^2}$ .

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For every  $1 \leq p \leq \infty$ , the largest volume ratio of the unit ball of the  $p$ -Schatten class (which is a set in  $\mathbb{R}^{d^2}$ ) behaves as

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How? We give a very careful look at the proofs of the general upper inequalities. Again, all relies on the probabilistic method!!!!!!

Given  $T : X_L \rightarrow X_K$  we have  $T(L) \subset \|T\|K$  and so

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### Chevet's inequality

If we denote  $\mathcal{O}(n)$  the orthogonal group endowed with the Haar probability measure, then

$$\begin{aligned} \mathbb{E} \|T : X_L \rightarrow X_K\| &\leq \frac{C}{\sqrt{n}} (\ell(K) \|id : L \rightarrow \ell_2^n\| \\ &\quad + \|id : \ell_2^n \rightarrow X_K\| \ell(L^\circ)). \end{aligned}$$

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Idea: Since the volume ratio is affinely invariant we look for a position of  $L$  such that

- $\|id : L \rightarrow \ell_2^n\|$  and  $\ell(L^\circ)$  are “not so big”.
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**Proposition:**

For every centrally symmetric convex body  $K \subset \mathbb{R}^n$ ,

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Similarly we can show that

For every  $1 \leq p \leq \infty$ :

$$lvr(\otimes_{\pi}^m \ell_p^n) \sim lvr(\otimes_{\epsilon}^m \ell_p^n) \sim n^{m/2}.$$

# Recent results

## Theorem:

Given  $\delta > 0$  there is a constant  $d := d(\delta) > 0$  with the following property:

For each convex body  $K \subset \mathbb{R}^n$  and  $\delta n \leq k \leq n$ , there is a centrally symmetric body  $Z \subset \mathbb{R}^n$  such that

$$\text{vr}(QK, QZ) \geq d \sqrt{\frac{k}{\log \log k}},$$

for every orthogonal projection  $Q : \mathbb{R}^n \rightarrow \mathbb{R}^n$  of rank  $k$ .

Thank you very much for your attention!